**HEALTHY COMMUMITY DAY**

**HEALTHY BODY & HEALTHY MIND**

**MAY 2, 2018**

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**Bringing our community and local resources together…**

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**2018 Healthy Community Day Committee**

**Chair Person-Janet Schnetzler**

**The Healthy Community Day Committee would like to thank all of the agencies and vendors for participating and making this event such a great success!**

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**Moberly Regional Medical Center (MRMC)** is a 99-bed full-service accredited hospital offering the citizens of Moberly and a 9-county surrounding area quality healthcare in a rural environment. We have been in our current facility since 1981 and have continually expanded and renovated it since. MRMC employs over 300 medical professionals and has an active medical staff of over 40 physicians offering specialty and sub-specialty care. Services offered include Cardiology, ENT, Emergency Medicine, Gastroenterology, General Surgery, Neurology, OB/GYN/Urogynecology, Ophthalmology, Orthopedic Surgery, Pain Management, Physical Therapy and Rehabilitation, Podiatry, Radiology, Senior Behavioral Health, Wound and Hyperbaric Center, and Urology.  MRMC has been recognized by the Joint Commission as a Top Performer in Key Quality Measures and is a 4-star CMS rated hospital. 1515 Union Ave, Moberly, MO 65270 [Phone](https://www.google.com/search?rlz=1C1OKWM_enUS773US773&q=moberly+regional+medical+center+phone&sa=X&ved=0ahUKEwid2rSX6OHYAhVQVK0KHU33DFsQ6BMIlwEwFA): [(660) 263-8400](https://www.google.com/search?q=moberly+regional+medical+center+moberly+mo&rlz=1C1OKWM_enUS773US773&oq=moberly+regional+&aqs=chrome.2.69i57j0l5.10903j0j8&sourceid=chrome&ie=UTF-8)



The central purpose of **ICAN Missouri Foundation** is to provide our citizens who have developmental disabilities with the advocacy and supports needed to work, play, and worship, learn, and live as a valued member of our community and as an integral part of their families.

Brittany Esry

105 N. Avenue, Moberly, MO 65270

Phone: [(660)269-8767 x117](tel:(660)%20269-8767)

Fax: [660-269-8772](tel:(660)%20269-8772)



**Gamm, Inc.** We assist low income youth and low income adults and dislocated workers with one to two years of vocational/technical education and help with HSE attainment. We also assist with career exploration and job search assistance.

Barbara Peavler, Youth Counselor Gamm, Inc.  
[1404 S Missouri, Suite 221](https://maps.google.com/?q=1404+S+Missouri,+Suite+221+%0D+Macon,+MO+%C2%A063552&entry=gmail&source=g), Macon, MO  [63552](https://maps.google.com/?q=1404+S+Missouri,+Suite+221+%0D+Macon,+MO+%C2%A063552&entry=gmail&source=g)  
Phone:  [660 385-6570](tel:(660)%20385-6570)  
Fax: [660 385-6576](tel:(660)%20385-6576)  
Cell: [660 342-7389](tel:(660)%20342-7389)  
[www.gamminc.org](http://www.gamminc.org/)



**Peak Sport and Spine** is a privately owned outpatient physical therapy clinic with over 30 locations across Missouri.  Our company was founded in Moberly, Missouri, and we are located at [2100 Silva Lane](https://maps.google.com/?q=2100+Silva+Lane&entry=gmail&source=g) just down the road from Ricks Steakhouse Grill.  We strive to provide excellent, cost-effective care for a wide variety of conditions. We have a truly patient - centered approach to our treatment plans, as our company is not affiliated with any hospitals or healthcare corporations. This means that our success is built upon the trust we develop with our patients during their care, as well as referrals from practitioners who rely on the outstanding results we achieve for their patients.

Our clinics specialize in the treatment of orthopedic injuries and joint pain of the neck, back, and extremities, balance deficits, generalized weakness and deconditioning, TMJ dysfunction, vertigo, worker's compensation, and post-offer employment testing. We pride ourselves on an individualized approach to patient care.  Please feel free to stop by and speak with one of our therapists to see how we can help you achieve your goals.

Contact Peak Sport and Spine

Phone [660-263-6223](tel:(660)%20263-6223)

Fax [660-263-6224](tel:(660)%20263-6224)

[2100 Silva Ln., Ste. B](https://maps.google.com/?q=2100+Silva+Ln.,+Ste.+B%0D+Moberly,+MO+65270&entry=gmail&source=g), [Moberly, MO 65270](https://maps.google.com/?q=2100+Silva+Ln.,+Ste.+B%0D+Moberly,+MO+65270&entry=gmail&source=g)



**Olive Tree Counseling** specializes in helping adults, couples and families find peace with life’s conflicts through faith-based principles. The olive tree has been a symbol of peace and rebirth since the days of Noah. After the torrential rains had ceased, Noah sent out a dove to search for signs of new life. When the dove returned with an olive branch, Noah knew the earth was beginning to heal from the flood. After the dove didn’t return the next time he released it, Noah knew it had found a place to begin again. Noah and his family were much like the people who come to Olive Tree. Many have experienced loss, tragedy or unexpected transitions in life. They are looking for a new beginning, a chance to heal. Our mission is to help them find hope that life can be experienced with purpose and peace. Johnathan Morgans, MA, LPC, CRAADC

Olive Tree Counseling, LLC, [222 N. Williams, Moberly, MO 65270](https://maps.google.com/?q=222+N.+Williams,+Moberly,+MO+65270&entry=gmail&source=g)

Website- [olivetreecounseling.net](http://olivetreecounseling.net/)

Cell- [660.676.5651](tel:(660)%20676-5651)

Office- [660.372.1663](tel:(660)%20372-1663)

Fax- [660.372.1664](tel:(660)%20372-1664)



**Burrell Behavioral Health** provides a wide range of outpatient mental health services for adults and children. Community support services for adults are designed to help those with a long-term mental illness maintain emotional and mental stability and develop a more satisfying and productive life. Services are designed to promote recovery and help an individual with a serious and persistent mental illness maintain their independence. Community support services for youth are designed to address mental illness or emotional disturbance through work with the child, parent/guardian, school, and other individuals involved with the child. Individual therapy is available for adults and children to address a variety of issues.

Additionally, highly trained clinicians provide specialized therapies such as EMDR (Eye Movement Desensitization and Reprocessing), a psychotherapy approach commonly used to treat trauma and PTSD, and PCIT (Parent-Child Interaction Therapy), an evidence-based treatment for young children (ages 7 and under) with behavior problems. All services begin with a screening process to determine the most appropriate services to meet the individual’s needs. Please contact Burrell Behavioral Health at 660-263-7651 for more information.



**HomeCare of Mid-Missouri** is a private, not-for-profit agency that is passionately committed to providing the best individualized health care services for our clients, support for their families, and improving the health of the community. The services and programs provided through HomeCare of Mid-Missouri promote the wellbeing of those we service, allowing them to remain in their homes and community. HomeCare of Mid-Missouri offers Hospice care with Physician services, Nursing care with scheduled visits and 24-hour on call care, Medical equipment related to the illness, Medications related to the illness including those needed for pain and symptom management, In-patient respite care and Social work, chaplain, volunteer and bereavement support. HomeCare of Mid-Missouri also offers Home Health services by providing assistance with nursing care, medication supervision, post-surgical wound care, post-surgical follow up care, Medical Social Worker, physical, occupational, and speech therapy and Medical Alert Systems. HomeCare of Mid-Missouri also offers In Home services that provide personal care such as bathing and other personal hygiene needs, housekeeping and laundry, meal preparation, shopping and caregiver respite. HomeCare can meet these needs and provide a sense of comfort and security for you and your family. Please contact **HomeCare of Mid-Missouri** for more information at: **1-800-246-6400**. 102 W. Reed St., Moberly, MO 65270 660-236-1517



**The Lighthouse Counseling** center is a family-oriented Play Therapy Center with two locations, [510 South Morley](https://maps.google.com/?q=510+South+Morley&entry=gmail&source=g) and [515 Olive Street](https://maps.google.com/?q=515+Olive+Street&entry=gmail&source=g), both in Moberly Mo.  Each Room is designed to facilitate family, couples, individual and play therapy, in a relaxed home environment. We provides counseling for any age. Most insurances accepted or a sliding scale fee can be arranged. Our experienced therapist can help with domestic violence, anger management, sexual abuse, trauma based disorders, depression, Attention Deficit Hyperactivity Disorder (A.D.H.D.) autism, fetal alcohol syndrome, adoption and foster care issues and Attachment Disorder.

For More information visit our website at: Thelighthouse123.com or call [(660) 269-9577](tel:(660)%20269-9577)



The **Randolph County Health Department** functions with the overall philosophy of maximizing wellness and healthy lifestyles in the community. To prevent illness and the spread of disease and to serve the county as a whole to the best of its ability, the public health team consists of nursing, social work, environmental, health education, therapies, physicians, laboratory support, clerical support, and all disciplines that contribute to health care. Located in Moberly, Missouri, our mission is provide quality services to protect, maintain and enhance community well-being by promoting conditions in which people can achieve their maximum level of health.

[Randolph County Health Department, 1319 E Hwy 24, Moberly, MO 65270](https://goo.gl/maps/6xMzcstupsk)

Telephone: [660-263-6643](tel:(660)%20263-6643)

FAX: [660-263-0333](tel:(660)%20263-0333)

Hours: Open Monday-Friday 8:00-5:00   
Wednesday - Extended Hours 5:00-6:30 by appointment only.



**Head Start/ Early Head Start** has several unique program options available in Randolph County. We serve prenatal women and children birth to age 5. We offer a home base option for prenatal women and children birth to age 5. We also have a center base option for children ages 3-5. We also have partnership program options with daycares/preschools in the Randolph County Area. Head Start Center: 660-263-7421 Randolph County Home Base Office: 660-263-0888



***CASA*** *is central to fulfilling society’s most CASA fundamental obligation by making sure a qualified, compassionate adult will fight for and protect a child’s right to be safe, to be treated with dignity and respect, and to learn and grow in the security of a loving family.*

Volunteer Your Time to Change a Child's Life:

Nobody longs for a safe and loving family more than a child in foster care. As a court-appointed special advocate (CASA) volunteer, you are empowered by the courts to help make this dream a reality. You will not only bring positive change to the lives of these vulnerable children, but also their children and generations to come. And in doing so, you will enrich your life as well.

**What Do CASA Volunteers Do?**

CASA volunteers listen first. Then they act.

Volunteers get to know the child by talking with everyone in that child's life: parents and relatives, foster parents, teachers, medical professionals, attorneys, social workers and others. They use the information they gather to inform judges and others of what the child needs and what will be the best permanent home for them. **Who Can Be a Volunteer?**

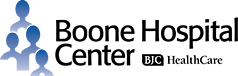
You do not have to be a lawyer or a social worker to be a volunteer. We welcome people from all walks of life. No special background or education is required to become a CASA volunteer. We encourage people from all cultures and professions, and of all ethnic and educational backgrounds. Once accepted into the program, you will receive all necessary training in courtroom procedures, social services, the juvenile justice system and the special needs of abused and neglected children. We are simply looking for people who care about children and have common sense. As a volunteer, you will be thoroughly trained. You must pass a background check, participate in a 30-hour pre-service training course and agree to stay with a case until it is closed (a year and a half on average). You will be well supported by professional staff to help you through each case. **Call: Jennifer Wilson, CASA Director** 14th Judicial Circuit CASA Program Serving Randolph and Howard Counties [jennifer.wilson@courts.mo.gov](mailto:jennifer.wilson@courts.mo.gov) 1-844-277-6555 ext 278 - Direct CASA Phone Line Randolph County Courthouse, 372 State Highway JJ- Suite 2-E, Huntsville, MO 65259



MERS Goodwill Missouri Work Assistance (MWA) Program provides intensive case management services to individuals receiving TANF.  Our goal to help all participants become self-sufficient as we strive to change lives through the power of work.

MERS Goodwill MWA Program, [101 W. Coates Street,](https://maps.google.com/?q=101+W.+Coates+Street,++%0D%0A+Suite+201,+Moberly,+MO&entry=gmail&source=g) [Suite 201, Moberly, MO](https://maps.google.com/?q=101+W.+Coates+Street,++%0D%0A+Suite+201,+Moberly,+MO&entry=gmail&source=g).

Phone: [660-263-0514](tel:(660)%20263-0514), Fax: [660-263-0532](tel:(660)%20263-0532)



For over 90 years, Boone Hospital Center has provided mid-Missouri with progressive health care programs and services, with the latest technology, highly skilled nurses, and experienced physicians. In Moberly, we are pleased to provide Boone Hospital high quality of care locally.

Boone Medical Group Moberly and primary care provider Christina Saw, FNP, are here to serve your community, Monday through Thursday from 8 a.m. to 5 p.m and Friday 8 a.m. to 12:00.  Next door to Boone Medical Group, you’ll find Boone Hospital Specialty Clinic, where you can be seen by Boone Hospital's medical specialists, including pediatricians, dermatologists, cardiologists, OB/GYN, and Nephrology specialists. Boone Hospital Center also brings better health to the Magic City today on its Know Your Numbers Mobile Health Unit, which is offering free A1C screenings. A1C screenings provide an average of your blood sugar level over the past three months. A clinician will discuss your results with you



The mission of the United Way of Randolph County is to support programs which create a community where family and community wellness is promoted; child care and early education are available; basic needs such as food, shelter, clothing and health care are met; the lives and independence of the elderly and disabled are enhanced; and youth are provided with opportunities for positive development.

Atina Roberts, Executive Director

[The United Way of Randolph County](https://www.unitedwayrandolphcounty.org/), [501 W. Rollins St](https://maps.google.com/?q=501+W.+Rollins+St&entry=gmail&source=g).|PO Box 576, Moberly, MO 65270

(P) [660-263-6588](tel:(660)%20263-6588) | (F) [660-263-8818](tel:(660)%20263-8818)



The Northeast Coalition for Roadway Safety is a partnership of safety advocates who have banded together to attack the problem of traffic crashes and deaths on Missouri’s roadways. Missouri’s Blueprint – A Partnership

Toward Zero Deaths serves as a guide to reach the coalition’s continued goal of reducing traffic crashes to 700 or less by 2020. Zero fatalities is our ultimate goal – how can we accept anything else.

Contact: Marisa Christy-Kerns

Address: [26826 Highway 63, Macon, MO 63552](https://maps.google.com/?q=26826+Highway+63,+Macon,+MO+63552&entry=gmail&source=g), Phone Number: [660-385-8257](tel:(660)%20385-8257)



**Meadow Ridge Senior Living** offers Independent apartments and assisted living apartments with assisted living services including: 24-hour nursing staff, medication setup, assistance with showers, assistance with toileting and transfers, housekeeping, transportation to lo local Dr. appointments, 3 meals per day as well as other services to suite each individual’s needs.

Meadow Ridge Senior Living, [521 Meadow Ridge Lane](https://maps.google.com/?q=521+Meadow+Ridge+Lane%0D+Moberly+MO.+65270&entry=gmail&source=g), [Moberly MO. 65270](https://maps.google.com/?q=521+Meadow+Ridge+Lane%0D+Moberly+MO.+65270&entry=gmail&source=g)

[660-263-0550](tel:(660)%20263-0550)

[www.meadowrdg.com](http://www.meadowrdg.com/)

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**Randolph County Developmental Disability Services/Randolph County Senate Bill 40 (RCDDS):**

RCDDS contracts with the Department of Mental Health’s Division of Developmental Disabilities to provide case management to individuals with developmental disabilities. Our agency provides case management to individuals in Randolph and Chariton counties.  Case Managers help link individuals, and their families, to needed resources to help them to live as independently as possible in their community.  We help individuals find resources and help link them to funding resources for any needed supports. To qualify for case management, a person must: 1) have a developmental disability which was documented prior to the age of 22 (intellectual disability, Autism, cerebral Palsy, traumatic brain injury, etc.), 2) the disability must be lifelong, and 3) the individual must demonstrate functional limitations in 2 or more life areas as a result of their developmental disability. RCDDS can assist any interested individuals with the intake process, however eligibility for services is determined by the Department of Mental Health.

Contact Information:

**Jorgi McNamara, Executive Director**

Julie Dougherty, Director of Case Management

 628 N. Morley, Moberly, MO 65270

[(660) 269-8875](tel:(660)%20269-8875)

(We are located in the same building where the Social Security office used to be)

**Julie Dougherty,Director of Case Management**

Randolph County Developmental Disability Services (Randolph SB40)

[(660)269-8875 x105](tel:(660)%20269-8875)

Fax: [(660)269-9621](tel:(660)%20269-9621)

\*\*Please note that my email address has changed:  [jdougherty@rcdds.org](mailto:jdougherty@rcdds.org)



Services for Independent Living is a not-for-profit agency that serves people with disabilities, seniors and veterans. The core services of SIL are Advocacy, Independent Living Skills, Information and Referral, Peer Support, and Transition. SIL offers Consumer Directed Services, In-Home Services, Transportation, Senior Connect, Community Services/Youth Advocacy and Assistive Technology. SIL covers seven counties: Randolph, Howard, Cooper, Audrain, Callaway, and Montgomery. SIL is here to help people remain in their home with optimal independence. SIL offers support in many areas and strives to meet the needs of every individual served.

**Rebecca Baker| Independent Living Specialist**

1401 Hathman Place l, Columbia, MO  65201

Phone: [573.874.1646, Extension 213](tel:(573)%20874-1646)- Fax: [573.874.3564](tel:(573)%20874-3564) - TTY [573.874.4121](tel:(573)%20874-4121)

[rbaker@silcolumbia.org](mailto:rbaker@silcolumbia.org)

[www.silcolumbia.org](http://www.silcolumbia.org/)

University of Missouri Extension

The primary purpose of University of Missouri Extension is to serve Missouri by extending the research-based knowledge and problem-solving resources of the University of Missouri System to people throughout the state. Also housed under the umbrella of Randolph County Extension is 4-H, Master Gardener’s, FCE, and EXCEL

Contact:  Stacey Roth, Secretary

Address: [509 West Reed Street](https://maps.google.com/?q=509+West+Reed+Street&entry=gmail&source=g)

Phone: [660-269-9656](tel:(660)%20269-9656)



Complete Family Medicine, A service of Hannibal Regional, is happy to announce we are now offering Primary Care to Moberly and the surrounding communities.  Located in Urgent Care Moberly, Amy Linss, FNP-BC, is now accepting new patients.  Primary Care is vital to complete health and wellness.

We want to help you get to BETTER!  Develop a relationship with a provider you can trust.  Yearly wellness exams are just one step to take control of your health.  When it comes to routine health screening, wellness exams, sick visits, and coordination of care, Amy and the rest of the staff at Complete Family Medicine are here for you.

 Our office is also excited to offer United Allergy Services allergy testing and immunotherapy as well as BioTE bioidentical hormone optimization.  This is all in addition to the Urgent Care services we continue to offer the community.  Call today to make your appointment and take control of your health.  Appointments can be made by calling [660-372-9595](tel:(660)%20372-9595).

Complete Family Medicine and Urgent Care Moberly are located at [1600 North Morley, Suite A115, Moberly, MO 65270](https://maps.google.com/?q=1600+North+Morley,+Suite+A115,+Moberly,+MO+65270&entry=gmail&source=g).  Visit us online at [cfmcares.com](http://cfmcares.com/).

Family health center. Health and care. Within reach.

**The Family Health Centers at Columbia, Salisbury and Marceline provide the following for Medical/Oral Care:**

Medical Care: Annual physical examinations and follow-up care, family planning and prenatal care, newborn and pediatric care, acute illness care, chronic disease management, immunizations, medication assistance, referrals for eye care, mental health care and referrals and language interpretation service.

Oral Care:Preventative Oral Health Care: oral health education, prophylaxis, fluoride treatments and sealants, Diagnostic Services: X-rays, Restorative Care: dental fillings, Endodontics: root canals, Periodontics: treatment for gum disease, oral surgery, Prosthodontics: crown and bridge partials and dentures and urgent services as needed. For more information contact [Family Health Center](https://www.fhcmo.org/contact/), 1001 W. Worley, Columbia, MO 65203 Phone: (573) 214-2314, Toll Free: (877) 677-4342, Fax: (573) 814-2835



Safe Passage is a non-profit agency providing services for individual and families who have experienced domestic and/or sexual abuse. We believe that everyone has the right to live abuse free. One of the ways we are trying to break this cycle is through public awareness and information. Together, we can break the cycle of violence by learning about domestic and sexual abuse and what we can do, personally to prevent it. Services are free to all victims and include, but are not limited too; 24 hr crisis hotline, emergency and long-term shelter, clothing, food, organized children’s services, weekly support groups, life skills group, medical advocacy, legal advocacy, case management and assistance with crime victims compensation as well as safe at home application. In addition, we provide our service area with community awareness and domestic and sexual violence prevention events. We give presentation to local schools, businesses, daycares, social service agencies and churches. For more information, please call us at 660-269-8999.



Hils Pharmacy offers a range of pharmacy services, including compounding, free delivery, mailing, online refilling, automatic refilling and many more. Get in touch with us today! Call us at: (660) 263-4457 hils@hilspharmacy.com



North East Community Action Corporation (N.E.C.A.C.) is a 12-county not-for-profit social service, community health and public housing Community Action Agency that serves the needs of low-income, elderly, youth, disabled and disadvantaged through contractual partnership agreements and grants with federal, state and local governments agencies, private businesses and other non-profit groups. NECAC provides temporary assistance to our neighbors in need, helping them to become self-sufficient to build better lives.

Patsy Redding

Randolph County Service Coordinator, [1903 N. Morley Ste. B](https://maps.google.com/?q=1903+N.+Morley+Ste.+B+%0D%0A+Moberly,+Mo.+65270+%0D%0A+Ph:+660&entry=gmail&source=g), [Moberly, Mo. 65270](https://maps.google.com/?q=1903+N.+Morley+Ste.+B+%0D%0A+Moberly,+Mo.+65270+%0D%0A+Ph:+660&entry=gmail&source=g)

Ph: [660-263-6595](tel:(660)%20263-6595)

Fax: [660-263-0585](tel:(660)%20263-0585)

Email: [predding@necac.org](mailto:predding@necac.org)

 Moberly Parks and Recreation strives to promote a diverse selection of leisure activities, promote wellness and enrich the quality of life for the Moberly and surrounding communities. For example through park amenities and department programs many are able to be more involved with the community, thus enriching their quality of life. Rothwell Park offers a walking trail, two disc golf courses, fishing lakes, playgrounds and other various amenities for citizen's enjoyment. Each year the department works to offer different types of events/programs to keep kids and families active and engaged. To name a few examples, currently the department offers swimming lessons, tennis lessons, softball, the Father Daughter Dance, the Lego Workshop, the annual Fall Festival all again with the intent to enrich the quality of life for the citizens. It is with great pleasure Moberly Parks and Recreation serves the many great residents in Moberly and the surrounding communities.

Reid Fieber, CPRP

Aquatics and Concessions Manager/Recreation Programmer

City of Moberly Parks & Recreation Department, [200 North Clark Street](https://maps.google.com/?q=200+North+Clark+Street+%0D%0A+Moberly,+MO+65270&entry=gmail&source=g), [Moberly, MO 65270](https://maps.google.com/?q=200+North+Clark+Street+%0D%0A+Moberly,+MO+65270&entry=gmail&source=g)

Phone [(660) 269-8705 ext 2014](tel:(660)%20269-8705) Fax [(660) 263-6770](tel:(660)%20263-6770)



**A STROKE OF MAGIC**

Never painted before?  Never wanted to paint before?  Think of us at the organizers of fun!  We provide the canvas, paint, apron and music.  This allows you to shake off the stress of your day and just focus on relaxing.  We also tend to spoil you a little while you’re here, and you never know when someone will break out in a dance performance!  When the class is over, you get to take home your own unique creation.

We offer open class two evenings a week and on Saturday afternoon.  Additionally, **the entire week** is available for scheduling your perfect event (if you book your private event, we just mark our calendar as closed to the public on that day)!  Even Sunday!  [***Ask us about our group pricing for ten or more.***](http://www.astrokeofmagic.com/contact-us)

Our building has been lovingly renovated by Jerry and Renee Swartz; taken back to it’s former glory with tin ceilings, belted fans and school house lights.  You will find our atmosphere to be perfect for any event, and you can schedule a party painting class, or simply utilize this beautiful space for your own needs for a small rental fee ($25/hour with a 2-hour minimum).

Paula Heath Owner, A Stroke of Magic**,** 215 West Reed Street, Moberly, MO 65270 Phone: 660-372-5000 [www.astrokeofmagic.com](http://www.astrokeofmagic.com) [Facebook.com/AStrokeOfMagic](http://facebook.com/AStrokeOfMagic)



The mobile Vet centers will increase access to readjustment counseling services for Veterans and their families in rural and underserved communities across the country. These customized vehicles – which are equipped with confidential counseling space and a state of the art communication package—travel to communities to extend VA’s reach to Veterans, service members and their families, especially those living in rural or remote communities. Mobile Vet units are equipped as "offices on wheels," with the capacity to provide emergency support for natural disasters. Each motor coach houses a satellite dish that connects to communications and audio-visual equipment, six phone lines, a fax line, notebook computers, four encrypted computer lines and a wireless network.



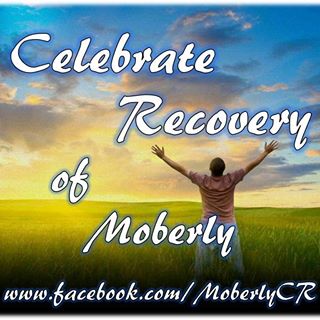
Veterans of Foreign Wars Auxiliary to Moberly Post 2654 has served the community since 1934. Programs of the Auxiliary include: Veterans and family support, Americanism, hospital program, legislative program, scholarships, and youth activities. Encouraging patriotism by providing information on flag etiquette, assisting in proper care/display and disposal of flags, volunteering in hospitals, nursing homes, and assisting veterans and their families, supporting legislation associated with veterans, sponsoring scholarship programs such as the Voice of Democracy, Patriot's Pen, Young American Patriotic Art program, as well as local scholarships are just a few of the activities undertaken by the VFW Auxiliary. We support the activities and programs of the VFW Post, assist and/or support programs such as the Veterans Flag Project, Veterans Day program, and recognition of Pearl Harbor Day, POW/MIA, and Jacksonville Veterans Cemetery. Support is also provided to community activities such as the Randolph County 4-H, Moberly and Westran FFA, Moberly Parks and Recreation, Boy Scouts, Moberly High School JROTC and others.



Mid-Missouri Legal Services provides free civil legal services to low income individuals in many situations. Individuals wishing to obtain services must complete an over the phone application and be accepted before MMLS will provide representation.

MMLS does not provide assistance in any criminal issue, including traffic tickets. For assistance with these matters, you may contact your local public defender office or the Missouri Bar Lawyer Referral Service at 573-636-3635.<http://mmls.org>

**COLUMBIA OFFICE,** [**1201 West Broadway, Columbia, MO 65203**](https://www.google.com/maps/place/1201+W+Broadway/@38.9530389,-92.357051,17z/data=!3m1!4b1!4m2!3m1!1s0x87dcb63caf2756ad:0xe9db74065f70fcaf) Local: (573) 442-0116  
**Toll-Free: (800) 568-4931**  
TTY: (800) 735-2966  
Fax: (573) 875-0173 **JEFFERSON CITY OFFICE,** [**428 East Capitol Avenue, Suite 200, Jefferson City, MO 65101**](https://www.google.com/maps/place/428+E+Capitol+Ave/@38.574204,-92.166674,17z/data=!3m1!4b1!4m2!3m1!1s0x87db5e40dc58235b:0x1862003ac1b1dbb1) Local: (573) 634-4545  
**Toll-Free: (888) 476-4545**  
TTY: (800) 735-2966  
Fax: (573) 634-2973



**Celebrate recovery deals with any hurt, habit, or hang-up.**

A hurt, habit, or hang-up is something that hinders your walk with God.

Healing is available through applying the principles of a Bible based recovery process to our lives.

The Bible clearly states “all have sinned”. In fact, it is in our very nature to sin, it’s in mine, and it’s in yours. None of us is untainted. Because of sin, we have all at some point in our lives, hurt ourselves, other people, and others have hurt us. This means that each of us needs repentance and recovery in order to live our lives the way God intended. Problem is that a majority of people in the world, have no clue what repentance is nor, how to do it, or why.

You’ve undoubtedly heard the expression that “time heals all wounds”. Unfortunately, this is not true. We, ourselves, and others we have met in our lifetime, have and are still carrying around hurts from ten years ago, twenty years ago, thirty years ago, and so on. The truth is, that time often makes things worse. These hurts tend to fester, become infected, and soon start to poison us. If these wounds are left untended they spread this poisonous infection throughout our bodies, our minds, and even into our spirits, and most of the times this infection spreads to others through our actions. Time only tends to extend the pain into our present and future, if the problems in our past are not healed.

Celebrate Recovery is a biblical and balanced program to help people overcome their hurts, habits, and hang-ups. Based on the actual words of Jesus rather than psychological theory, CR (Celebrate Recovery) is a unique Christ-Centered recovery program. By placing Christ in the center of this recovery ministry, it has opened the door to many broken and hurt people in their communities to have a permanent recovery through knowing Christ. Celebrate Recovery has helped thousands of people to transforms their lives through the Holy Spirit, helping them to grow toward a more full Christ like maturity for their life.

Here are seven key features to what make CR unique…

​

**Times that Celebrate Recovery of Moberly meets:**

Tuesday nights

Dinner at 5:00pm to 5:45pm

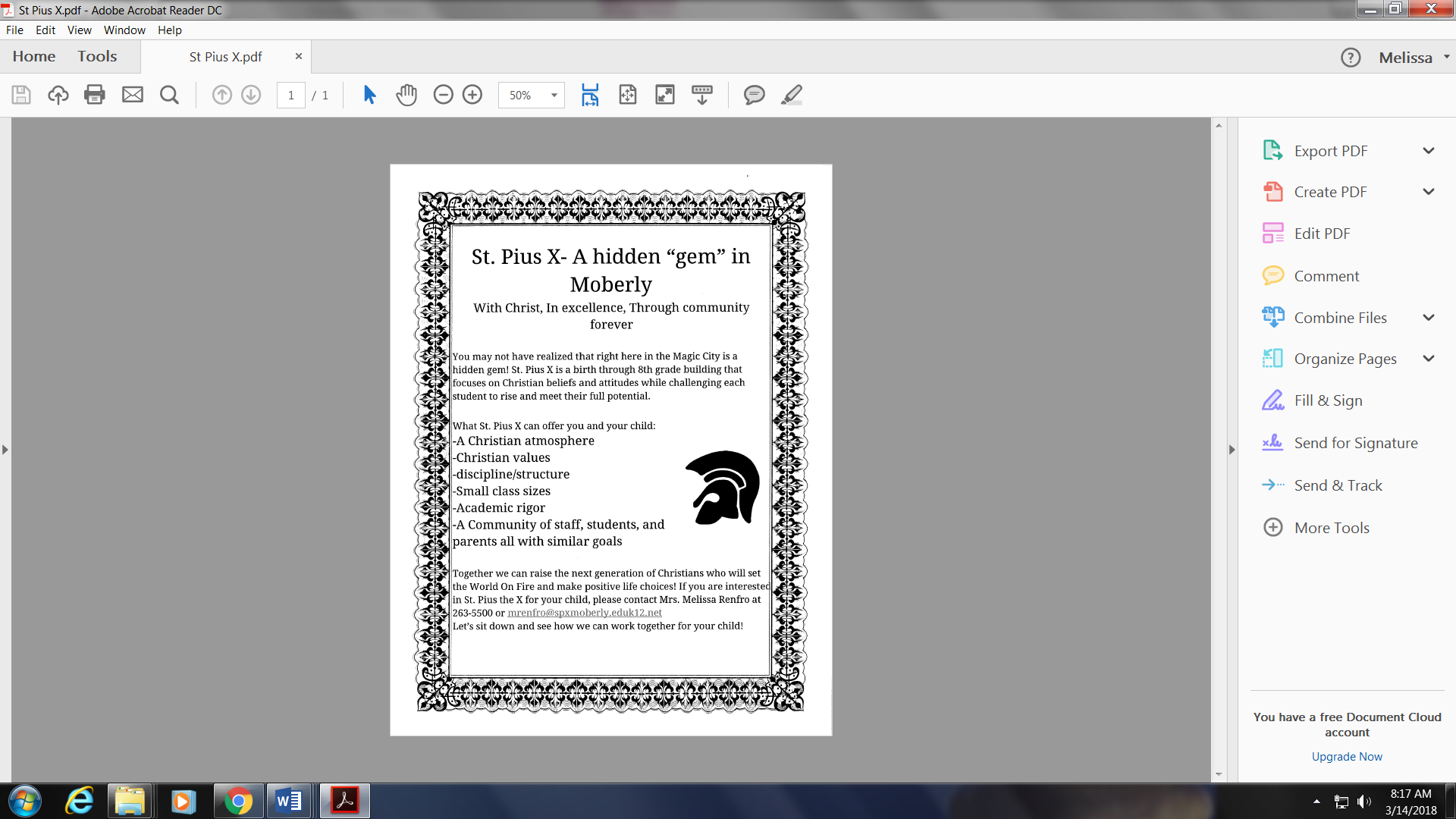
Large group at 6:00pm

Open share small group 7:00pm

Crosstalk Café 8:00pm to 8:15pm

Contact info:

Email: [CR.Moberly@yahoo.com](mailto:CR.Moberly@yahoo.com)





The Missouri Veterans Commission (MVC) is a state agency established by Missouri Statute to aid all Veterans, their dependents, and legal representatives by providing information regarding the rights of Veterans

and their dependents and to assist Veterans accessing their available benefits through State and Federal Government. Veterans Service Officers (VSO) are located throughout the state and can assist you if you are a Veteran, widow/widower of a Veteran, child of a deceased or disabled Veteran, or a parent who has lost a son or daughter in military service.

Arthur Nott-Hopkins

Veterans Service Officer

Missouri Veterans Commission, NE Region, [3029 County Rd 1325](https://maps.google.com/?q=3029+County+Rd+1325&entry=gmail&source=g), PO BOX 1010, Moberly MO 65270-0975

TEL: [660-263-4960](tel:(660)%20263-4960) (Moberly), FAX: [660-263-5718](tel:(660)%20263-5718) (Moberly)

TEL: [660-385-6192](tel:(660)%20385-6192) (Macon), FAX: [660-385-1324](tel:(660)%20385-1324) (Macon)

[Arthur.Nott-Hopkins@mvc.dps.mo.gov](mailto:Arthur.Nott-Hopkins@mvc.dps.mo.gov)

Description: New WellCare purple MO_CARE_CLR

We are Mo-Health Net Managed Care Plan providing health insurance to the low income, mostly, pregnant women and children in the state of Missouri.

**Renee Hendrickson**

Community Relations Specialist-Central Region

Missouri Care, A WellCare Company

4205 Philips Farm Rd, Suite 100, Columbia, MO  65201

Mobile: [1.573.418.3045](tel:(573)%20418-3045)

[Sophia.Hendrickson@wellcare.com](mailto:Sophia.Hendrickson@wellcare.com)   |   [www.missouricare.com](http://www.missouricare.com/)   |   [www.wellcare.com](http://www.wellcare.com/)



Little Dixie Regional Libraries is a two-county library system serving Randolph and Monroe counties in Missouri. We have the main branch (Moberly) and three (3) branches located in Huntsville, Madison and Paris.

Little Dixie Regional Libraries exists primarily to meet the informational and recreational needs of all residents within it’s service area. The role of the library is to provide access to and actively promote public awareness and usage of materials and services to meet the needs, as well as to preserve the cultural and intellectual heritage of the service area.

Rachael Grime, Director

Little Dixie Regional Library

[111 N 4th St, Moberly, MO 65270](https://maps.google.com/?q=111+N+4th+St,+Moberly,+MO+65270&entry=gmail&source=g)

[(660) 263-4426](tel:(660)%20263-4426)



**Focus on Fatherhood**

**Focus on Fatherhood** is a multi-county comprehensive fatherhood initiative offered by the Randolph County Caring Community Partnership along with the Mid-Missouri Fatherhood Coalition. The program provides parent education and peer support group sessions through two nationally known curriculums, ***Quenching the Father Thirst***  and ***Fatherhood Development Curriculum.*** The curriculum provides training in specific father skills and uses small group interaction to exchange ideas and experiences. Curriculum is presented in community and faith-based settings.

Contact: Howard Clark Phone: 660-263-7173

**Convening Community for Conversation**

The **Convening Community for Conversation** project is designed to stimulate health-focused discussions in the West End community of Moberly. The project encourages broad community participation by mobilizing necessary stakeholders, skills and resources to form a coalition that addresses health issues from a local policy perspective.

Contact: Lorna Miles Phone: 660-263-7173



**Healthy Schools Healthy Communities**

**Healthy Schools Healthy Communities** is involved with diverse community partners to offer a variety of health-related programs and activities. The Impacting Youth Wellness project is a childhood obesity prevention initiative designed to increase the exposure of the K-8 target population and their families to messages, education and opportunities to eat healthy and be active.

Contact: Kim Buckman Phone: 660-263-7173

[](http://rccaringcomm.org/)

**Expanded Coverage** Expanding Coverage Through Community Partnership project provides outreach, education, health literacy, and enrollment activities into the Health Insurance Marketplace for consumers residing in 17 Northeast Missouri Counties. Contact: Patty Hendren Phone: 660-263-7173

**Summer Café:** The USDA Summer Program (SFSP) helps assure that eligible populations have access to nutritious meals during the summer months when school is not in session.  Eligible participants include: children 0 through 18 years of age. Contact: Patty Hendren Phone: 660-263-7173



**DEPOT PARK MARKET**

Depot Park Farmer's Market is entering it's 5th consecutive year in Downtown Moberly.  Located on the east end of Historic Downtown Moberly at the intersection of Reed and Sturgeon, DPFM offers a wide variety of fresh, local produce and added value items.  On any given day, the Market boasts upwards of twelve vendors featuring scratch baked goods, farm fresh eggs, frozen treats, jams & jellies, artisan soaps, scrubs, lotions & essential oils, plant starts, handcrafted toys, games & crafts, home décor, jewelry and more.  Shoppers may enjoy free samples, recipes and demonstrations offered each week.  Depot Park is a kid-friendly, pet-friendly open air market that takes place every Thursday, May through October, 3:30-7:00 pm (or we sell out).  Vital partners include Randolph County Caring Communities, Moberly Correctional Center, Healthy Schools Healthy Communities, Randolph County Health Department and the Randolph County University of Missouri Extension.  Opening Day is Thursday, May 24, beginning at 3:30 pm. For information, call [660 676-1246](tel:(660)%20676-1246).

Diane Richardson, Market Manager

Sturgeon and Reed Street--Historic Railroad Depot, Moberly, MO

[www.depotparkmarket.org](http://www.depotparkmarket.org/),

**Randolph County Resources**

**Community Kitchen:** 411 West Reed, Moberly, MO 65270 Phone: ([660) 263-7687](https://www.google.com/search?q=community+kitchen+moberly+mo&rlz=1C1OKWM_enUS773US773&oq=community+kitch&aqs=chrome.0.0l2j69i57j0l3.5191j0j4&sourceid=chrome&ie=UTF-8)

Wednesday and Saturday Only- 11am-2pm

**Christo Center (Food Pantry):** 111 North 5th Street, Moberly, MO 65270 [Phone](https://www.google.com/search?rlz=1C1OKWM_enUS773US773&q=christos+center+phone&sa=X&ved=0ahUKEwjK_Yra4pvaAhVk34MKHcKlAmkQ6BMInwEwEQ): [(660) 263-0278](https://www.google.com/search?rlz=1C1OKWM_enUS773US773&ei=xDnCWprUHo2HjwSsyZv4AQ&q=christo+moberly+mo&oq=christo+moberly+mo&gs_l=psy-ab.3..0i7i10i30k1.85948.87537.0.87742.8.8.0.0.0.0.158.711.1j5.6.0....0...1c.1.64.psy-ab..2.6.709...0i13k1j0i7i30k1j0i8i13i30k1.0.u4n55K3iF3w)

Monday & Tuesday 10am-Noon & 2pm-4pm, Friday 1pm-3pm

Must have photo ID and show Social Security Card for all family members

and proof of residency (mail with address)

**Timberlake Food Pantry:** 1624 Gratz Brown, Moberly MO 65270 Phone: (660) 263-4168

Second Thursday of the Month 4pm-5:30pm

Must have photo ID and show Social Security Card for all family members

and proof of residency (mail with address)

**Cherith Brook Food Pantry**: 339 N Williams St. Moberly, MO 65270 Phone: (660) 263-0488

Wednesday Only:

10-10:30am for Home Health Providers

10:30-Noon for Public

1:30-4pm for Public

4:30-5pm for Home Health Providers

5-7pm for Public

Must have photo ID and show Social Security Card for all family members

and proof of residency (mail with address)

**Hannah’s Closet (Clothing)**: 339 N Williams St, Moberly MO 65270 Phone: (660) 263-0488

Wednesday Only, 10-Noon, 1:30-4pm, 5-7pm

**Moberly Housing Authority:**

Allendale Manor or Country View Gardens: 23 Kehoe Ave, Moberly, MO 65270 Phone: (660) 263-3950

Moberly Towers & Case Building: 205 Farror St, Moberly, MO 65270 Phone: (660)263-2287

To meet application criteria the applicant family's eligibility must be determined by verifying all income and assets for the family, living history for the past five (5) years, and all adult members of the household must pass a criminal background screening.

**Transportation:**

**OATS Transportation** is available to anyone regardless of age, income, disability, race, gender, religion, or national origin.  To schedule a ride, call the dispatcher at 1-800-654-6287 between the hours of 8:00 a.m. and 3:00 p.m. If you would like to schedule a ride, please call us. We do not schedule trips by email.

In addition to the above schedule, transportation is available Monday through Friday to Columbia on the "Weekly Express."  To find pick-up points call 1-800-654-6287 for more information

**Magic City Express**

Public transportation for residents of Moberly, MO Phone: (660) 269-9900

Operates Monday through Friday, 6:00 a.m. - 6:00 p.m.

**Salvation Army**: 501 West Rollins Street, Moberly, MO 65270, Phone: (660) 263-0094

Prescription Expense Assistance, Water Service Payment Assistance, Heating Fuel Payment Assistance, Gas Service Payment Assistance, Electric Service Payment Assistance, Gas Money, General Clothing Provision, Baby Clothing, Formula/Baby Food, Brown Bag Food Programs

 **Printing Provided by Missouri Foundation for Health**